



# LITTLEFORK COMMUNITY

*Education & Recreation*

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## Safe Sitter Training Course with Sara Wendt, Tim McClellan, and Tom Donahou

Safe Sitter is a course designed to teach students ages 11-14 to be safe when they are home alone with younger siblings or babysitting at another home. Students will learn how to deal with first aid problems, medical emergencies, and how to rescue a choking child. Safe Sitter also teaches organizational skills, safety habits and the importance of knowing when to call for help. The lessons are filled with fun activities and role-playing exercises. Students will get to use CPR manikins to practice CPR and choking rescue with Tim and Tom.

### **Requirements:**

1. Should be at least 11-14 years old.
2. Must be in class on time, attend the whole session, and no leaving early.
3. Must participate in activities and demonstrate competency in required skills.

Date: **MARCH 5** (with Sara Wendt) and **MARCH 6** (with Tim McClellan and Tom Donahou)

Time: 3:30-6:00 PM (**BOTH DAYS**)

Location: LBF Home Economics room

Cost: \$40.00 (INCLUDES SAFE SITTER KIT)

***Deadline to register:*** Monday, February 26, 2024, by 3:00 p.m. Supplies need to be ordered to be here by the date of class. If the registration form is not received by the deadline, you will have to take the class next year due to supply orders.

**12 Student Limit.** First 12 paid registrations guaranteed a spot in class. If there are a lot of kids interested in taking this class, we will offer another one next year.

# SAFE SITTER REGISTRATION FORM

NAME: \_\_\_\_\_ AGE/GRADE: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

EMAIL: \_\_\_\_\_

PARENT/GUARDIAN: Print \_\_\_\_\_

Sign \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_

AMOUNT ENCLOSED: \_\_\_\_\_

**IF YOU ARE INTERESTED IN A SCHOLARSHIP TO HELP PAY FOR THIS  
ACTIVITY, PLEASE CONTACT BECKY KIMBALL, CERC DIRECTOR, AT 218-278-  
4422, [littleforkcerc@hotmail.com](mailto:littleforkcerc@hotmail.com), OR 901 MAIN STREET LITTLEFORK, MN 56653.**

